



## Shabbat

Shabbat is the most important ritual observance in Judaism. It is the only ritual observance instituted in the Ten Commandments. It is also the most important special day, even more important than Yom Kippur. Shabbat is primarily a day of rest and spiritual enrichment. The word “*Shabbat*” comes from the root *Shin-Bet-Tav*, meaning to cease, to end, or to rest.

Temple Beth El JCC

# November 2008

Cheshvan/Kislev 5769

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> Minyan - Noach 10am Andrew Kahn Bar Mitzvah 10:15am
<b>2</b> Temple School Single Session 9:30-11:30am Living Judaism with Rabbi Rick 9:30am SFRY Car Wash Fundraiser 9:30am-1:30pm (TBE parking lot) Temple School	<b>3</b> Flu Clinic 9am-12 noon Exec Committee Mtg 7pm (out) Meditation Circle 7:30pm	<b>4</b> Weekday Minyan 8am Melton Institute 7pm  Remember to vote! Presidential Election Day	<b>5</b> Talmud Class 12 Noon 4th-6th Grade 4pm 7th Grade 7pm Hebrew High 7pm	<b>6</b> Community Torah Study 12 noon Basic Judaism 7pm Hebrew I 8pm	<b>7</b> Tot Shabbat Dinner 6:15pm Tot Shabbat Service 7pm Choir Shabbat Service 7:30pm   4:47pm Shofar Deadline	<b>8</b> Minyan - Lech-Lecha 10am Lee Silverplate Bar Mitzvah 10:15am
<b>9</b> Jewish A Lot for Parents and Tots 9:15am 5th Grade Field Trip 9:30am Living Judaism with Rabbi Rick 9:30am BETY Pizza & Movie 2-4:45pm Temple School	<b>10</b> Flu Clinic 9am-12 noon Senior Connections - Let's Explore: The Election is Over. Now What! 1:30pm-4pm Meditation Circle 7:30pm	<b>11</b> Weekday Minyan 8am Melton Institute 7pm Men's Book Group w/ Rabbi Rick 7:30pm (out)  Veterans' Day	<b>12</b> Talmud Class 12 Noon 4th-6th Grade 4pm 7th Grade 7pm Hebrew High 7pm Local Values, Global Reality: New Jewish Insights into How and What We Eat. Rabbi Steven Greenberg 7pm	<b>13</b> Community Torah Study 12 noon Yiddish Circle 2pm Basic Judaism 7pm Hebrew I 8pm	<b>14</b> Community Shabbat Dinner 6:15pm Rock Shabbat & New Members Service 7:30pm   4:41pm	<b>15</b> Minyan - Vayeira 10am Julie Chase Bat Mitzvah 10:15am
<b>16</b> Living Judaism with Rabbi Rick 9:30am SRFY Sky High Event 2pm (out)  Temple School	<b>17</b> Flu Clinic 9am-12 noon Meditation Circle 7:30pm	<b>18</b> Weekday Minyan 8am Melton Institute 7pm General Board Mtg 7:30pm	<b>19</b> Talmud Class 12 Noon 4th-6th Grade 4pm 7th Grade 7pm Hebrew High 7pm SRFY & Youth Group Spaghetti Dinner Fundraiser 6pm	<b>20</b> Community Torah Study 12 noon Basic Judaism 7pm Hebrew I 8pm	<b>21</b> Justice Shabbat Service 7:30pm   4:36pm	<b>22</b> Minyan - Chayei Sarah 10am Elijah Dennis-Benford Bar Mitzvah 10:15am
<b>23</b> Living Judaism with Rabbi Rick 9:30am Open Forum on Planned Growth of UCSC and its Impact on Santa Cruz 10am Temple School	<b>24</b> Flu Clinic 9am-12 noon Senior Connections: The History of Chinatown in Santa Cruz and The Jews of Santa Cruz 1:30-4pm Meditation Circle 7:30pm	<b>25</b> Weekday Minyan 8am Melton Institute 7pm	<b>26</b> Talmud Class 12 Noon	<b>27</b>	<b>28</b> Pre-service Oneg 5:45pm Early Shabbat Service 6:15-6:45pm   4:34pm Offices & Simcha Closed	<b>29</b> Minyan - Toledot 10am
<b>30</b> No Temple School			No Temple School	Thanksgiving Day Offices & Simcha Closed		

**Sponsor an issue of the Shofar.**  
Contact Diana Rose at 334-5235 or [dianarw@aol.com](mailto:dianarw@aol.com)

All events are subject to change. Please check the Temple website, [www.tbeaptos.org](http://www.tbeaptos.org), or call the office at 831-479-3444 to verify information.